

**an international women's
friendship network**



If the *shoe* fits...

check us out!

www.bspottawa.ca

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We are an organization which opens its arms to women from all walks of life regardless of age, race, religion, socioeconomic status, or sexual orientation.

*Life, Learning
and Friendship*

Benefits:



Build confidence and leadership skills



Gain mutual- and self-respect



Enrich your life through community service



Share knowledge and learn



Increase your sense of belonging and purpose



Find life-long friendships

